



WELLNESS CLASS PRICING (price per class)



	<u># of Classes</u>	<u>Tier 1</u>	<u>Tier 2</u>	<u>Tier 3</u>
Drop In	1	\$8.00	\$11.00	\$13.00
Freedom Plan	5	\$7.00	\$10.00	\$12.00
	10	\$6.00	\$9.00	\$11.00
	15	\$5.00	\$8.00	\$10.00
Fixed Plan	25	\$6.00	\$9.00	\$11.00

- TIER 1**
 Belly Dancing
 Kick Boxing
 Spin Classes
 Rhythm & Sculpt
 Strengthen & Stretch
 H2O Fitness
 Moms In Motion
 Dance classes
- TIER 2**
 Tier 1
 Mat Pilates
- TIER 3**
 Tier 2
 Yoga
 Tai Chi/Chi Kung
 Water Tai Chi
 Aikido-Jujitsu

Freedom Plan:
 Take any class from the Tier purchased
 EXPIRES 30 DAYS FROM INITIAL USE

Fixed Plan:
 Take one specific class from the Tier purchased
 NO EXPIRATION
 Massage/Watsu

Senior/Student/Military Discount:
Tier 1: \$5 per class
Tier 2: \$8 per class
Tier 3: \$10 per class
 25 maximum

Spectrum Rehab and Wellness
 810 Arcturus Drive, C/S 80906
 719.444.0381
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Wellness Session Pricing

	<u># OF CLASSES</u>	<u>Private</u>	<u>Semi</u>	<u>Group</u>	<u>Intro Pkg</u>
Reformer Pilates	1	\$65	\$40pp	\$25pp	3 classes
	5	\$59	\$35pp	\$25pp	for
	10	\$55	N/A	\$22pp	\$125
	25	N/A	N/A	\$20pp	

	<u># OF SESSIONS</u>	<u>Private</u>	<u>2 People</u>
Personal Training	1	\$65	\$35pp
	5	\$59	N/A
	10	\$55	N/A
	25	\$52	N/A
	50	\$49	N/A

Price Per Month (Paid in Advance)

		<u>2X week</u>	<u>3X week</u>
Group Training	If you sign up as a group of 4 - 6	\$160	\$240
	If you sign up as a group of 3 or less	\$240	\$360

	<u>SESSION</u>	<u>PRICE</u>
Massage/Watsu	1 hour	\$60
	30 min	\$35

